



Drug Awareness 2



GENERAL COURSE INFORMATION:

This course is for individuals who work in a paid or voluntary capacity with people who are affected by drugs misuse and who have completed 'Drug Awareness 1' or a similar course and would like to develop practical skills to enhance their work with drug users or those at risk of using drugs. This course aims to provide participants with basic skills to effectively support drugs users who want to make changes with their drugs misuse.

Main Objectives:

To briefly outline the main substances misused and their effects.

To improve competence in helping people change their thinking and behaviour.

To develop techniques to enable workers/volunteers to have helpful conversations with drug users they come into contact with,

A number of approaches have proved to be effective in reducing Drug/alcohol related harm.

This course will look at two of these approaches and will give participants some basic skills to help in their work. This course will be practical, include role play and video and the course will draw from the experience of the group.

Please call Celine on 049 8544436 or email: info@cavancentre.ie