



The
Cavan
Centre

Residential Centre for Education and Community Development Established 1977

Gaisce President Awards Venture Section Bronze & Silver



GENERAL COURSE INFORMATION:

The Cavan Centre is ideally located for hillwalking and canoeing expeditions up to Silver Award. The centre provides self-catering accommodation in accordance with Gaisce guidelines and has professional and friendly youth workers all trained the outdoors.

Content includes:

Expedition, planning and organisation
Navigation and route cards
Campcraft
Equipment selection and packing
Country code
First Aid
Safety and emergency planning

Duration: Bronze consists of 2 days and 1 night / Silver consists of 3 days and 2 nights

Please call Celine on 049 8544436 or email: info@cavancentre.ie

At the Cavan Centre we pursue a policy in favour of marginalised and disadvantaged individuals and communities.