



The  
Cavan  
Centre

Residential Centre for Education and Community Development Established 1977

# Junior Leadership Skills Course



## **GENERAL COURSE INFORMATION:**

This course is designed to introduce young people to leadership skills both theory and practical.

### **Content:**

Leadership styles & theory.

Short interactive sessions which introduces participants to basic theory and different styles.

### **Practical work & role play -**

Hands on experience working through tasks with opportunities to role play leadership styles.

### **Review & Evaluation -**

Sessions and course reviewed through interactive discussion allowing every participant to feed back in.

**Duration:** This course can be run on a 1, 2, 3 or weeklong basis.

Please call Celine on 049 8544436 or email: [info@cavancentre.ie](mailto:info@cavancentre.ie)

At the Cavan Centre we pursue a policy in favour of marginalised and disadvantaged individuals and communities.

