



The
Cavan
Centre

Residential Centre for Education and Community Development Established 1977

First Aid Course

Remote Emergency Care {1-4}



Remote
Emergency
Care

GENERAL COURSE INFORMATION:

This course aims to give Youth and Community workers the ability to deal with any accidents safely and systematically until help arrives.

It is also a pre-requisite for many national government body awards, e.g. Kayak Instructor, Mountain Leader etc and as part of the health and safety requirements in the workplace.

This course is designed to introduce a systematic approach to First Aid.

This course is easy, enjoyable and progressive including many practical sessions.

Content:

Fundamentals of the working body

Identifying illness and injury

Safe incident management system

Emergency decision making

Awareness of delayed medical help

and adverse environmental conditions.

Duration:

REC 2 = 2 Days

REC 3 = 3 Days

REC 4 = 4 Days

Please call Celine on 049 8544436 or email: info@cavancentre.ie

At the Cavan Centre we pursue a policy in favour of marginalised and disadvantaged individuals and communities.